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## HOME CARE INSTRUCTIONS FOLLOWING TOOTH REMOVAL

**Complications following removal of teeth in children are rare. Here are some suggestions regarding care for your child after this procedure.**

### BLEEDING

Minor bleeding may occur. If bleeding persists, have your child bite (with firm pressure) on one of the provided gauze pads for 10-15 minutes.

### DISCOMFORT

Only minor discomfort is expected after tooth removal. Medications, such as Tylenol, are usually all that is required to relieve discomfort.

### DIET

**Do Not** drink through a straw or eat hot, spicy or coarse foods for the next 24 hours. It is important that your child continues to drink liquids.

### EXERCISE

Heavy exercise should be avoided today.

### ORAL HYGIENE

Continue brushing all teeth except those near the site of the removal. Normal brushing of all teeth can begin again in 2-3 days.

If you have any problem or questions,  
please contact us.

📞 **386-668-7776**